



A Multi-Sensory Approach to Tu B'Shevat

Help your child get ready for Tu B'Shevat with this fun range of activities to engage different senses!

Listening

- Check out the this great song by Laurie Berkner: ["One Seed"](#)
- Our jkidphilly team reads [Thank You, Trees](#)

Tasting

- Make and taste your own [Tu B'Shevat Chocolate Fruit Bark](#).
- Try different variations of fresh and dried fruit!

Moving (Vestibular)

- Dance to this fun [Tu B'Shevat music](#)
- [Pantomime](#) growing from a seed into a tall tree!

Touching

- [Plant parsley seeds](#) in a pot and grow your own parsley for the Passover seder!
- Make a tree craft from one of these [fun ideas](#)

Watching

Kids can get ready for Tu B'Shevat by watching these great videos:

- [Shalom Sesame](#)
- [Tu B'Shevat videos](#) from Bimbam

Smelling

- Do a 'smell' test of different fragrant fruits that grow from trees like lemons, oranges and apples. Record your family's favorite smells!